

ENDO SCOOP

MID-ATLANTIC SGNA

SPRING | 2026

IMPORTANT DATES

ACG Williamsburg Conference.
Williamsburg, VA
Dates: August 28-30, 2026.

SGNA's 53rd Annual Course
Atlanta, GA
Dates: May 17-19, 2026

14th Annual Boxer Brief 5K & Virtual Challenge
Date: June 6, 2026



MESSAGE OF GRATITUDE

We recently celebrated SGNA GI Nurses & Associates Week! We greatly appreciate each and every one of you. Your contribution to the GI field makes a huge impact in our patients. Thank you for taking the time to celebrate with us and thank you to those who were able to attend the Olympus Clinical Expert Training, virtual course. We look forward to celebrating YOU in 2027!

A Message from our Mid-Atlantic SGNA President, Kelly Osborne:

"Seasons change, but did you? Seasons change, people come and go, workflow changes, but where does that leave you? I am sure that you have to write up a professional self-evaluation for your job. You list your professional goals for the coming year, and list your achievements for the past year. Common entries are 'journaling more, read more articles, finish mandatory modules in a timely manner.' However, have you ever seen an area that needs some attention? Workflow concerns, patients not being adequately prepared, increased no-show rate. I encourage you to think outside the box and look for solutions to common issues. Sometimes you might have to get a different perspective and widen your lenses. Talk to colleagues in other locations to see if they have encountered similar issues and what worked and what didn't work. I encourage you to look for opportunities in your workplace to make it a better, safer and more resilient environment. I also encourage you to check in with us at Mid-Atlantic SGNA. There is power in networking and power with knowledge! Happy spring and let's see change happen together."





A Letter From Our President Elect:

It is an honor to serve as the President-Elect of the Mid-Atlantic SGNA. I am truly excited to follow behind some amazing Presidents who have paved the way, demonstrating exceptional leadership, vision, and commitment to our specialty. As I step into this role, my focus is centered on two key goals.

First, I aim to expand our regional geographical reach to ensure that more GI nurses and associates across the Mid-Atlantic area have access to SGNA resources, education, and professional support.

Second, I am committed to increasing member engagement by creating meaningful opportunities for connection, collaboration, and professional development, both in-person and virtually. By fostering inclusivity and strengthening our network, I hope to empower our members and continue advancing excellence in gastrointestinal nursing. I look forward to working alongside each of you as we grow and evolve together as a region.

MEET OUR MID-ATLANTIC SGNA PRESIDENT-ELECT:

Annette McVey, MSN, RN, CGRN, has been a dedicated member of the Society of Gastroenterology Nurses and Associates (SGNA) for over 20 years, bringing a wealth of experience and passion to the field of gastrointestinal nursing. As an experienced endoscopy nurse, she has consistently demonstrated a commitment to excellence in patient care and professional practice. Annette has been serving as a Nurse Clinician at Virginia Commonwealth University (VCU), where she plays an integral role in clinical practice, education, and team development.

Outside of her professional life, Annette is married and proud mother to one son. She also enjoys the company of her two beloved fur babies. In her free time, she loves traveling, creating memories with family and friends, and embracing opportunities to relax and recharge.





MEET OUR MID-ATLANTIC SGNA TREASURER ELECT:

I have been a RN at UVA for 37 years. 33 of those years were in acute care on General Medicine units, so we saw everything. Also, during that time, I was Nurse Education Coordinator for 2 very busy Medicine units for 25 years.

I am a founding member of the Central Virginia Chapter of Academy of Medical Surgical Nurses. I have served various leadership roles, including Treasurer and President.

I am very excited to serve as Treasurer on the MASGNA Board and become involved in this GI nursing specialty organization. I want to continue to learn and serve our nurses.

-Barb Trotter, RN, BSN, CMSRN, CGRN



FUN FACT:

The GI tract is around 30 feet long! As SGNA Nurses and Associates, we help take care of every inch of it!





MILESTONE CORNER:



We held our first hybrid conference in November, 2025, as Mid-Atlantic SGNA. We had a wonderful turnout! Be on the lookout for future conferences. We want to continue to support our members across various states.

If you're interested in collaborating, please get in touch!

MASGNA BOARD 2026:

*President: Kelly Osborne, BSN, RN, CGRN

*President Elect: Annette McVey, MSN, RN, CGRN

*Secretary: Susan Gayda, BSN, RN, CGRN

*Interim Treasurer: Charlotte Timberlake-Torseth, RN, BSN, CGRN, CMSRN, FCN

Legislative Chair: Lisa Brown, BPH, ACNA, AGTS, CER

Mentor/Advisor: Irene Rader, BSN, RN, CGRN

Membership Chair: Katie Edmonson, BSN, RN, CGRN

Social Media Liaison: Michelle Schmidt, MBA, BSN, RN, CGRN

Education Chair:

Nominations Accepted

Treasurer: 4-year commitment

President-Elect: 4-year commitment

*Denotes elected positions

